

The Anglican Parish of St. Peter and St. Paul

March 12th 2023

Third Sunday of Lent



“Nourishing Faith and Community”

Prelude

Words of Welcome *(Please stand as clergy enters)*

Musical opening CP 3 Morning Has Broken (tune CP445)

(Text: Eleanor Farjeon (1881-1965). Music Gaelic traditional, The Iona Community, One License)

*Morning has broken like the first morning;
blackbird has spoken like the first bird.
Praise for the singing! praise for the morning!
Praise for them, springing fresh from the Word!*

*Sweet the rain's new fall sunlit from heaven,
like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where his feet pass.*

*Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's re-creation of the new day!*

The Gathering of the Community

The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit be with you.

And with thy spirit.

Almighty God,

unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.

Lord have mercy upon us.

Christ have mercy upon us.

Lord have mercy upon us.

Let us pray,

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

The Proclamation of the Word

Reading One: Exodus 17:1-7

A reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Here ends the reading.

Thanks be to God.

Psalm 95

Come, let us sing to the Lord; let us shout for joy to the rock of our salvation.

Let us come before his presence with thanksgiving and raise a loud shout to him with psalms.

For the Lord is a great God, and a great king above all gods. In his hand are the caverns of the earth, and the heights of the hills are his also.

The sea is his, for he made it, and his hands have molded the dry land.

Come, let us bow down, and bend the knee, and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. Oh, that to-day you would hearken to his voice!

Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me.

They put me to the test, though they had seen my works.

Forty years long I detested that generation and said, "This people are wayward in their hearts; they do not know my ways."

So I swore in my wrath, "They shall not enter into my rest."

Glory be to the Father and to the Son and to the Holy Spirit:

As it was in the beginning, is now and ever shall be, world without end. Amen.

Reading Two: Romans 5:1-11

A reading from the Epistle of the Romans.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and

endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Here ends the reading.

Thanks be to God.

Gospel Hymn CP 385 Worship the Lord in the Beauty of Holiness

(please stand)

(Text: John Samuel Bewley Monsell 1871-1875; music Johann Heinrich Rheinhardt Uttingen 1754 public domain)

*Worship the Lord in the beauty of holiness;
bow down before him, his glory proclaim;
Gold of obedience, and incense of lowliness
bring, and adore him: the Lord is his name.*

*Low at his feet lay thy burden of carefulness:
high on his heart he will bear it for thee,
Comfort thy sorrows, and answer thy prayerfulness,*

guiding thy steps as may best for thee be.

*Fear not to enter his courts in the slenderness
of the poor wealth thou canst reckon as thine:
Truth in its beauty, and love in its tenderness,
these are the offerings to lay on his shrine.*

Gospel Reading: John 4:5-42

The Lord be with you.

And with thy spirit.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory be to thee O Lord.

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of

this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.’ The woman said to him, ‘Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.’

Jesus said to her, ‘Go, call your husband, and come back.’ The woman answered him, ‘I have no husband.’ Jesus said to her, ‘You are right in saying, “I have no husband”; for you have had five husbands, and the one you have now is not your husband. What you have said is true!’ The woman said to him, ‘Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.’ Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water-jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him.

Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not

know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

The Gospel of Christ
Praise be to thee, O Christ.

Gospel Hymn CP 385 Worship the Lord in the Beauty of Holiness

(Text: John Samuel Bewley Monsell 1871-1875; music Johann Heinrich Rheinhardt Uttingen 1754 public domain)

*These, though we bring them in trembling and fearfulness,
he will accept for the name that is dear;
Mornings of joy give for evenings of tearfulness,
trust for our trembling and hope for our fear.*

Worship the Lord in the beauty of holiness;

*bow down before him, his glory proclaim;
Gold of obedience, and incense of lowliness,
bring and adore him: the Lord is his name.*

Sermon: *The Rev. Gail Rodger*

Musical Moment for Reflection

Announcements

The Apostles' Creed

I believe in one God the Father Almighty, Maker of heaven and earth,

And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, And the life of the world to come. Amen.

Prayers of the People

Confession and Absolution

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 11. 28.*

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3. 16.*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1. 15.*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: not for ours only, but also for the sins of the whole world. *1 John 2. 1, 2.*

Let us humble confess our sins to Almighty God. (*Silence is kept*)

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; And grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

(Please stand)

Almighty God our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The peace of the Lord be always with you.
And with thy spirit.

Hymn: Just a Closer Walk with Thee (please be seated for this hymn)
(African American Spiritual, Anonymous, Public Domain)

*I am weak but Thou art strong;
Jesus, keep me from all wrong;*

*I'll be satisfied as long
As I walk, let me walk close to Thee.*

Refrain

***Just a closer walk with Thee,
Grant it, Jesus, is my plea,
Daily walking close to Thee,
Let it be, dear Lord, let it be.***

*Thro' this world of toil and snares,
If I falter, Lord, who cares?
Who with me my burden shares?
None but Thee, dear Lord, none but Thee. **Refrain***

*When my feeble life is o'er,
Time for me will be no more;
Guide me gently, safely o'er
To Thy kingdom shore, to Thy shore. **Refrain***

Prayer over the Gifts:

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

All things come of thee, and of thine own have we given thee.

Amen.

Eucharistic Prayer (*Please stand*)

The Lord be with you.

And with thy spirit

Lift up your hearts.

We lift them up unto the Lord.

Let us give thanks unto our Lord God.

It is meet and right so to do.

It is meet, right and our bounden duty, that we should at all times and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Who has bidden us they faithful people to cleanse our hearts and to prepare with joy for the paschal feast, that renewed by your gift of forgiving love and the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

**Holy, holy, holy, Lord God of Hosts,
Heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.**

**Blessed is the one that cometh in the name of the Lord.
Hosanna in the highest.**

Blessing and glory and thanksgiving be unto thee almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of

himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my body which is given for you: Do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and cup of everlasting salvation, the memorial which he hath commanded:

We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now as our Saviour Christ hath taught us, we are bold to say:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to

eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, And he in us. Amen.

The table of love is offered for all people. It is Christ who invites us to meet love incarnate here, and all are welcome.

Lamb of God that takest away the sin of the world,
have mercy upon us.

Lamb of God that takest away the sin of the world,
have mercy upon us.

Lamb of God that takest away the sin of the world,
grant us thy peace.

The Communion

Instrumental musical selections during communion

Prayer after Communion *(please stand)*

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to

accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Spirit, be all honour and glory, world without end. Amen.

The Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be amongst you and remain with you always. **Amen.**

Musical Sending Hymn CP 349 All People that on Earth do Dwell.

*All people that on earth do dwell,
sing to the Lord with cheerful voice;
Him serve with fear, his praise forth tell,
come ye before him and rejoice.*

*The Lord, ye know, is God indeed,
without our aid he did us make;
We are his folk, he doth us feed,
and for his sheep he doth us take.*

*O enter then his gates with praise,
approach with joy his courts unto;
Praise, laud, and less his name always,
for it is seemly so to do.*

*For why? The Lord our God is good:
His mercy is forever sure;
His truth at all times firmly stood,
and shall from age to age endure.*

Dismissal

Go in peace to love and serve the Lord.

Thanks be to God. Amen.

(no alleluias during Lent)

Postlude

Territorial Acknowledgement

We worship on the traditional lands of the Esquimalt, Songhees and other Nations of the Salish and Coast Salish Peoples. We, who came from many lands to join the line of those worshipping here, commit our Church to continue the journey of truth and reconciliation with our First Nations' neighbours.

Weekly Cycles of Prayer

We pray for the Anglican Church of Mexico; for Linda Nicholls, our Primate; Chris Harper, the National Indigenous Archbishop; Indigenous Spiritual Ministry of Mishamikoweesh, Bishop Lydia Mamkwa; and the Evangelical Lutheran Church of Canada.

In our diocese, we pray for our bishop, The Right Rev. Anna Greenwood-Lee; Saint Luke, Victoria, The Rev. Daniel Fournier.

In our region, we pray for St Mattias Victoria, The Rev. Collen Lassimer.

In our parish we pray for: Walter Adams; Dorothy Barnes; William Bates; Myrna Bennett; Keith Brandsma; and Marjorie Brown.

In our community we pray for the Rainbow Kitchen, and those who are hungry in our society.

For the month of March, we pray for our Soapy Sundries Drive.

Welcome to all those visiting us at St. Peter and St. Paul.

We welcome saints, seekers and sinners as we live into a life in Christ, learning about and from one another as we worship God together. Christ binds us together in love through our diversity. If you are comfortable, please give us your name and address so we can add you to our weekly prayer list. We are looking forward to getting to know you better.

Washrooms are found in the hall, up the stairs, on the right.

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ST. PETER AND ST. PAUL
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