

The Anglican Parish of St. Peter and St. Paul

February 26<sup>th</sup> 2023

First Sunday of Lent



“Nourishing Faith and Community”

## Prelude

### Words of Welcome (*Please stand as clergy enters*)

#### Musical opening VU703 In the Bulb There is a Flower

(Text and music: Natalie Sleeth, 1986 CCLI )

*In the bulb there is a flower, in the seed, an apple tree,  
in cocoons, a hidden promise: butterflies will soon be free!  
In the cold and snow of winter there's a spring that waits to be,  
unrevealed until its season, something God alone can see.*

*There's a song in every silence, seeking word and melody;  
there's a dawn in every darkness, bringing hope to you and me.  
From the past will come the future; what it holds, a mystery,  
unrevealed until its season, something God alone can see.*

*In our end is our beginning, in our time, infinity;  
in our doubt there is believing, in our life, eternity,  
in our death, a resurrection, at the last, a victory,  
unrevealed until its season, something God alone can see.*

### The Gathering of the Community

The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit be with you.

**And with thy spirit.**

Almighty God,

**unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen**

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

**Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Lord have mercy upon us.

**Christ have mercy upon us.**

Lord have mercy upon us.

Let us pray,

Almighty God, whose Son fasted forty days in the wilderness and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit that as you know our weakness, so may we know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

The Proclamation of the Word

## Reading One: Genesis 26:1-11

A reading from the book of Genesis.

*The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'*

*Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.*

Here ends the reading.

**Thanks be to God.**

## Psalm 32

Happy are those whose transgression is forgiven, whose sin is covered.

**Happy are those to whom the Lord imputes no iniquity, and in whose spirit there is no deceit.**

While I kept silence, my body wasted away through my groaning all day long.

**For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.**

Then I acknowledged my sin to you, and I did not hide my iniquity; I said, 'I will confess my transgressions to the Lord, and you forgave the guilt of my sin.'

Therefore let all who are faithful offer prayer to you; at a time of distress, the rush of mighty waters shall not reach them.

**You are a hiding-place for me; you preserve me from trouble; you surround me with glad cries of deliverance.**

I will instruct you and teach you the way you should go; I will counsel you with my eye upon you.

**Do not be like a horse or a mule, without understanding, whose temper must be curbed with bit and bridle, else it will not stay near you.**

Many are the torments of the wicked, but steadfast love surrounds those who trust in the Lord.

**Be glad in the Lord and rejoice, O righteous, and shout for joy, all you upright in heart.**

Glory be to the Father and to the Son and to the Holy Spirit:

**As it was in the beginning, is now and ever shall be, world without end. Amen.**

Reading Two: Romans 5:12-19

A reading from the Epistle of the Romans.

*Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.*

*But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.*

*Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.*

Here ends the reading.

**Thanks be to God.**

Gospel Hymn CP 175 Forty Days and Forty Nights (*please stand*)

(Text: George Hund Smyttan 1872-1870 1982 Hope Publishing; music Marin Herbst public domain)

*Forty days and forty nights you were fasting in the wild,  
forty days and forty nights tempted, and yet undefiled:*

*burning heat throughout the day, bitter cold when light had fled,  
prowling beasts around your way, stones your pillow, earth your  
bed.*

*Shall not we your trials share, learn your discipline of will,  
and with you by fast and prayer wrestle with the powers of hell?*

Gospel Reading: Matthew 4:1-11

The Lord be with you.

**And with thy spirit.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory be to thee O Lord.**

*Then Jesus was led up by the Spirit into the wilderness to be tempted  
by the devil. He fasted for forty days and forty nights, and afterwards  
he was famished. The tempter came and said to him, 'If you are the  
Son of God, command these stones to become loaves of bread.' But*

*he answered, 'It is written,*

*“One does not live by bread alone,  
but by every word that comes from the mouth of God.” ’*

*Then the devil took him to the holy city and placed him on the  
pinnacle of the temple, saying to him, 'If you are the Son of God,  
throw yourself down; for it is written,*

*“He will command his angels concerning you”,  
and “On their hands they will bear you up,  
so that you will not dash your foot against a stone.” ’*

*Jesus said to him, 'Again it is written, “Do not put the Lord your  
God to the test.” ’*

*Again, the devil took him to a very high mountain and showed him  
all the kingdoms of the world and their splendour; and he said to  
him, 'All these I will give you, if you will fall down and worship  
me.' Jesus said to him, 'Away with you, Satan! for it is written,  
“Worship the Lord your God,  
and serve only him.” ’*

*Then the devil left him, and suddenly angels came and waited on  
him.*

The Gospel of Christ  
**Praise be to thee, O Christ.**

Gospel Hymn: CP 175 Forty Days and Forty Nights

(Text: George Hund Smyttan 1872-1870 1982 Hope Publishing; music Marin Herbst public domain)

*So if Satan, pressing hard, soul and body would destroy,*



*Christ who conquered, be our guard; give to us the victor's joy.*

*Saviour, may we hear your voice – keep us constant at your side;  
and with you we shall rejoice at the eternal Eastertide.*

Sermon: *The Rev. Gail Rodger*

Musical Moment for Reflection

Announcements

The Apostles' Creed

**I believe in one God the Father Almighty, Maker of heaven and earth,  
And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God,  
Begotten of the Father before all worlds; God, of God; Light, of Light;  
Very God, of very God; Begotten, not made; Being of one substance with the Father;  
Through whom all things were made: Who for us and for our salvation came down from heaven,  
And was incarnate by the Holy Ghost of the Virgin Mary, And was made man,  
And was crucified also for us under Pontius Pilate. He suffered and was buried,  
And the third day he rose again according to the Scriptures, And ascended into heaven,  
And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, And the life of the world to come. Amen.**

### Prayers of the People

### Confession and Absolution

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 11. 28.*

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3. 16.*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1. 15.*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: not for ours only, but also for the sins of the whole world. *1 John 2. 1, 2.*

Let us humble confess our sins to Almighty God. (*Silence is kept*)

**Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; And grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.**

*(Please stand)*

Almighty God our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The peace of the Lord be always with you.

**And with thy spirit.**

Hymn: Hymn: Be Still for the Presence of the Lord {our God} (please be seated for this hymn) (*David Evans 1986 Thankyou Music CCLI license adapted for inclusive language*)

*Be still, for the presence of the Lord,  
The holy One, is here;*

*Come bow before him now  
With reverence and fear  
In him no sin is found  
We stand on holy ground.  
Be still, for the presence of the Lord,  
The holy One, is here.*

*Be still, for the glory of the Lord  
Is shining all around;  
She burns with holy fire,  
With splendour she is crowned:  
How awesome is the sight  
Our radiant light of light!  
Be still, for the glory of the Lord  
Is shining all around.*

*Be still, for the power of the Lord  
Is moving in this place:  
They come to cleanse and heal,  
To minister their grace -  
No work too hard for them.  
In faith receive from them.  
Be still, for the power of the Lord  
Is moving in this place.*

Prayer over the Gifts:

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

**All things come of thee, and of thine own have we given thee.  
Amen.**

Eucharistic Prayer *(Please stand)*

The Lord be with you.

**And with thy spirit**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

It is meet, right and our bounden duty, that we should at all times and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Who has bidden us they faithful people to cleanse our hearts and to prepare with joy for the paschal feast, that renewed by your gift of forgiving love and the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

**Holy, holy, holy, Lord God of Hosts,  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.**

**Blessed is the one that cometh in the name of the Lord.  
Hosanna in the highest.**

Blessing and glory and thanksgiving be unto thee almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my body which is given for you: Do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension,

and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and cup of everlasting salvation, the memorial which he hath commanded:

**We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now as our Saviour Christ hath taught us, we are bold to say:

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

**We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great**

**mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, And he in us. Amen.**

The table of love is offered for all people. It is Christ who invites us to meet love incarnate here, and all are welcome.

Lamb of God that takest away the sin of the world, **have mercy upon us.**

Lamb of God that takest away the sin of the world, **have mercy upon us.**

Lamb of God that takest away the sin of the world, **grant us thy peace.**

### The Communion

Instrumental musical selections during communion

### Prayer after Communion *(please stand)*

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.



**And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Spirit, be all honour and glory, world without end. Amen.**

### The Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be amongst you and remain with you always. **Amen.**

### Musical Sending Hymn CP 565 Guide Me O Thou Great Jehovah

(Text: William Williams (1717-1791); Music: John Hughes (1873-1932), public domain)

Guide me, O thou great Jehovah, pilgrim through this barren land.  
I am weak, but thou art mighty; hold me with thy powerful hand.  
Bread of heaven, bread of heaven,  
feed me till I want no more, feed me till I want no more.

Open now the crystal fountain whence the healing stream doth flow;  
let the fire and cloudy pillar lead me all my journey through.  
Strong deliverer, strong deliverer,  
be thou still my strength and shield, be thou still my strength and shield.

When I tread the verge of Jordan, bid my anxious fears subside;  
death of death, and hell's destruction, land me safe on Canaan's  
side:

songs of praises, songs of praises,  
I will ever give to thee, I will ever give to thee.

### Dismissal

Go in peace to love and serve the Lord.

**Thanks be to God. Amen.**

(no alleluias during Lent)

### Postlude

#### Territorial Acknowledgement

We worship on the traditional lands of the Esquimalt, Songhees and other Nations of the Salish and Coast Salish Peoples. We, who came from many lands to join the line of those worshipping here, commit our Church to continue the journey of truth and reconciliation with our First Nations' neighbours.

## Weekly Cycles of Prayer

We pray for the church The Anglican Church of Korea; for Linda Nicholls, our Primate; Chris Harper, the National Indigenous Archbishop; Diocese of Huron, Bishop Todd Townshend; and the Evangelical Lutheran Church of Canada.

In our diocese, we pray for our bishop, The Right Rev. Anna Greenwood-Lee; Saint John the Baptist, Duncan, The Venerable Brian Evans.

In our region, we pray for St Luke Cedar Hill, The Rev. Daniel Fournier.

In our parish we pray for: Betty Ann and Lew Townsend; Joan Vazina; Ann Walker; Rosemary Wallace; John and Miriam Wankiewicz;.

In our community we pray for the St. John the Divine Food Bank and those whose illness is addiction in our society.

For the month of February, we pray for those who offer gifts of musical leadership within our parish.

Welcome to all those visiting us at St. Peter and St. Paul.

We welcome saints, seekers and sinners as we live into a life in Christ, learning about and from one another as we worship God together. Christ binds us together in love through our diversity. If you are comfortable, please give us your name and address so we can add you to our weekly prayer list. We are looking forward to getting to know you better.

Washrooms are found in the hall, up the stairs, on the right.

Parish of St Peter and St Paul  
1379 Esquimalt Road  
Victoria, BC V9A 3R4



ST. PETER AND ST. PAUL  
ESQUIMALT

Bishop The Rt. Rev. Anna Greenwood-Lee  
Rector The Rev. Gail Rodger 250-665-6814  
Honorary Assistant The Rev. Pam Worthington  
Rector's Warden Anne Easton  
Peoples' Warden Licette How 250-857-1946  
Organist Lawrence Surges  
Safe Church Liaison Karen Hogg 250-386-6833  
Envelope Secretary Ross Benton [givings@stpeterandpaul.ca](mailto:givings@stpeterandpaul.ca)  
Parish Office Hours: by appointment only.  
Office Phone: 250-386-6833



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E-mail: [admin@stpeterandpaul.ca](mailto:admin@stpeterandpaul.ca)

Website: [www.stpeterandpaul.ca](http://www.stpeterandpaul.ca)

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